



# Indus School of Leadership

## Newsletter

Jan & Feb 2023

*"Never doubt that a small group of thoughtful, concerned citizens can change world. Indeed it is the only thing that ever has". —Margaret Mead*

### Highlights of the month

#### Peak Experiences for Leadership Development

- Mountaineering Expedition to Mt. Kilimanjaro, Highest Peak of Africa
- SCUBA Expedition to Maldives
- Skiing Expedition to Gulmarg, Kashmir

#### Students Leadership Programs for other Schools

- Stonehill International School, Bangalore
- Glendale Academy International, Hyderabad
- Oakridge International School, Bangalore
- Manchester International School, Coimbatore

Dear Leaders,

Partnering with you on your leadership journey, ISL brings you the next newsletter with the latest developments and reflections that took place at ISL during the month of Jan- Feb 2023.

Below is a quick glimpse of the latest happenings at ISL.

## Peak Experiences for Leadership Development

- *Mountaineering Expedition to Mt. Kilimanjaro, Africa*

A group of 12 students along with ISL trainer, Mr. Praveen Rana and Ms. Rama Thakur summited the highest peak of African continent – Mt. Kilimanjaro, 5,895m.

The Indus mountaineering team traversed through five distinct climates and terrains, from human cultivation zone to rain forest to moorland to Alpine desert and finally the Arctic climate. The temperature varied drastically, ranging from 0 to -15 degree Celsius. After four days of climbing, the most challenging phase of the trek started on the night of 03 Feb 2023.

The challenge was to gain an elevation of 4,000 ft. in total darkness without any sleep the night before. The high altitude and sub-zero temperature did not break the team's spirit. After a physically and mentally challenging climb for nine hours, the team summited Mt Kilimanjaro on 04 Feb 2023 at 9:00 am.



This magnificent feat came after two months of rigorous training under the guidance of Mr. Praveen Rana (Mt Everest summiteer) and Ms. Rama Thakur (professional mountaineer).

- *SCUBA Expedition to Maldives*

A group of 50 students under the mentorship of Col Sathya Rao, Director, ISL and Mr. Dangi Shailendra Singh, ISL Trainer, participated in the SCUBA expedition to Mafooshi Island, Maldives.

Sustainable Development and Empathy for Ecology is the key to leadership in 21st century. As such, the expedition exposed the students to the delicate balance of ecology and developed their environment leadership competency. The students were also trained and certified on the outdoor skill of SCUBA and snorkeling by The Professional Association of Diving Instructors (PADI).



## Students Leadership Programs for Other Schools

### *Outdoor Leadership Training Programs for other Schools*

The months of Jan and Feb 2023 witnessed an increased participation in leadership programs from other schools. Students in big numbers from undermentioned schools attended the outdoor programs at ISL to hone their leadership competencies and experience outdoors.

- Bloomingdale International School, Vijaywada
- Manchester International School, Coimbatore

The students valued the learning experiences from the programs and the schools are keen to integrate ISL curriculum with their school curriculum.

### Upcoming Events

#### Peak Experiences for Leadership Development

- The Great Desert Adventure at Thar Desert : 04 to 09 Mar 2023
- SCUBA Expedition to Maldives : 21 to 25 Mar 2023

#### Students Leadership Programs for other Schools

- Saandeevani Academy, Bangalore
- Glendale Academy International, Hyderabad.

#### Events at ISL

- X-Quest : Inter-school Adventure Competition at ISL : 12-16 Mar 2023

### Reflection of the Month

*Institution are built on Ideologies*

To develop successful individual, society or nation, a strong ideology is the key. As such, leadership boils down to building the foundation on inspirational and aspirational vision, and sustainable development principles. All the material and managerial efforts needs to be invested on the spiritual or ideological DNA of the individual or organization.